



# **Reproductive Health Education Handbook**

**Onsted Community Schools**

10109 Slee Road  
Onsted, MI 49265  
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# Onsted Community Schools

## Reproductive Education Curriculum Handbook

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**Onsted Community Schools**

Steve Head Superintendent  
10109 Slee Road  
Onsted, MI 49265  
517-467-2174

Dear OCS Families and Staff Members,

This handbook for Onsted Community Schools' (OCS) sexual health education program is a comprehensive resource for families and staff; encompassing the entire K-12 curriculum as well as the State of Michigan and Onsted Board of Education policy and regulations regarding this area of instruction. This handbook includes information that is in accordance with the Michigan School Code and reflects the changes in laws affected by Public Acts 165 and 166 of 2004. To help you understand our framework for presenting this curriculum, we have included an overview of the curriculum by grade level. A summary of the legal obligations from the State of Michigan regarding *HIV/STD* and Sex Education in Michigan Public Schools, and Onsted Board of Education policies about sexual health instruction, sexual harassment and guidelines for classroom observation can be found in the appendix of this document.

We believe that parents/guardians are the primary sexuality educators of their children; therefore, our goal is to work with parents/guardians as partners in presenting this material. To accomplish this goal, parents/guardians are invited to preview the materials before instruction begins, and children bring materials home to facilitate discussion with their families. We encourage you to take advantage of these opportunities as “teachable moments” to discuss your values about sexuality with your children.

All teachers teaching the curriculum have been professionally prepared by attending the Michigan Department of Education's recommended in-service provided by the Lenawee County ISD. All teachers are highly qualified health education teachers as required by law. All curricula, movies, videos, handouts and guest speakers have been approved by the Sex Education Advisory Board (SEAB) and are made available at request for parental/guardian preview.

Each elementary school or grade level or individual teacher could decide, due to the comfort or maturity level of the students, to keep students separated for more or all sessions. At the middle and high schools, students may be separated by gender when appropriate. Instruction shall be based on the level of physical, emotional, and social growth and development for all students as a group within a particular grade level.

If you have any questions, please feel free to contact Nicole Brown, RN, School Nurse, at 517-467-7046 or contact your building principal.

Sincerely,

Steve Head, Superintendent  
Onsted Community Schools

## OVERVIEW OF REPRODUCTIVE HEALTH EDUCATION IN THE ONSTED COMMUNITY SCHOOLS

### I. **Definition:**

Reproductive health education content is designed cooperatively with parents, educators, community professionals and students which:

- A. Provide students with age appropriate, adequate, and accurate information regarding human sexuality (gender-role development, body image, family formation, reproduction, childbirth, sexually physical, psychological, and social dimensions).
- B. Help students clarify and appreciate their values and attitudes as they relate to the family and sexuality.
- C. Enhance students' self-esteem.
- D. Increase students' skills in decision-making and communication

Such content will promote respect for parental values and encourage communication between students and parents.

An educational program that addresses the social, emotional, physical and intellectual needs of students, including the skills to communicate effectively and make responsible decisions and choices. The educational program encompasses sexual development, reproductive health and interpersonal relationships.

### II. **Belief Statement:**

The Onsted Community Schools Board of Education and Sex Education Advisory Board (SEAB) believes that sex education:

- Is the responsibility of parents/guardians as primary sexuality educations for their children, supported and supplemented by the school district
- Is sensitive to the values and needs of our students, parents/guardians and community
- Is abstinence only (4th), abstinence -based (7th - 12th) comprehensive and age appropriate
- Prepares students for experiences and decisions in life that deal with the social, physical, emotional and mental aspects of human sexuality
- Prepares student to make healthy and responsible choices regarding their sexual behaviors

### III. **Philosophical Statement:**

Reproductive Health Education is a curriculum in which students will learn information on their health, their bodies and sexual safety. This curriculum is designed with diversity in mind and is accepting of everyone regardless of his or her race, gender, religion and sexual/gender orientation. Issues discussed will be sensitive in nature and participants are expected to be respectful of one another's differences.

The board affirms the role of the schools in presenting medically accurate information about reproduction and sexual health and affirms the role of the family unit as the primary source of guidance regarding values relating to sexual health education. Provision of an appropriate curriculum will assist students in developing and practicing healthy attitude and behaviors toward their health. This will be delivered through acceptable content based curriculum by qualified teachers using a uniform curriculum at each grade level.

### IV. **Instruction:**

The instruction curriculum will actively promote communication and understanding between parents/guardians and students.

Parents/guardians will be notified each school year that sexual health education will be offered. Parents/Guardians will be given the opportunity to preview and decide whether their child will participate in any part or all of the instruction without penalty. If a parent/guardian wants their child excluded yearly or on a permanent and continuing basis from sexual health education classes, they must file a written notice (**appendix #1**) to that effect with the school. The child will then not be enrolled in such a class unless the parent/guardian submits a written authorization for that enrollment. Students not participating will not be penalized. Teachers will make arrangements for students whose parents have opted them out of instruction by completing the opt-out form (**appendix #1**). Those students will be moved to an alternate location with other work to do. Teachers are asked to ease the students' discomfort by making arrangements for them to go to their alternative locations as unobtrusively as possible.

Accurate information regarding medical risks and effectiveness on contraception shall be presented in an age/developmentally appropriate manner. At the elementary level, contraception will not be discussed. At the middle and high school level abstinence based behavior is promoted. Contraceptive questions will be answered that are age appropriate. Students are taught that marriage and parenthood are choices which involve decision-making skills including commitment and social, emotional, physical and economic responsibilities. The age-appropriate sex education material also must ensure that pupils are not taught in a way that condones the violation of laws of this state pertaining to sexuality. For information of curricular requirements see "*A Summary of Legal Obligations and Best Practices*" found in **appendix #2** of this document.

Questions regarding subject matter outside of the approved grade level curriculum asked of an instructor who is qualified to teach Sexual Health Education classes may be answered at the discretion of that instructor. The instructor shall use his or her discretion to decide to give a brief and factual answer *and/or* refer the student to his or her parents/guardians. The answer shall be consistent with the content and guidelines of the 5th through 12th grade sexual health education curriculum.

The age appropriate curriculum will alert students to dangerous, illegal, and harmful sexual behaviors, sexual harassment and sexual pressures that students may encounter. The discussion of these behaviors in the classroom shall be limited to definition, health, legal and psychological aspects, and their implications for the individual and society.

Teachers can decide, due to the comfort or maturity level of the students, to keep students separated for more or all sessions. At the middle and high schools, students may be separated by gender when appropriate. Instruction shall be based on the level of physical, emotional, and social growth and development for all students as a group within a particular grade level.

The parents/guardians will have the right to preview the materials before instructions begin. Teachers will inform parents/guardians in writing prior to the sexual health education unit being taught in the classroom. Parents/guardians may observe the sexual health education lessons by contacting the building principal at their school.

Guest speakers shall have an understanding of the scope and parameters of this policy and the sexual health education curriculum. They shall understand how their contributions will tie in with the overall curriculum. Guest speakers must serve in the classroom in the presence of a qualified and approved instructor. All guest speakers must be approved by the Sex Education Advisory Board (**Appendix #3**)

## Reproductive Health Education At-A-Glance by Grade Level and Content

GRADE	CONTENT
<b>2nd - 3rd Grade</b>	<p><b>NO Sexuality/Reproductive Health is Taught</b></p> <ul style="list-style-type: none"> <li>● Staying safe against Bloodborne Pathogens and Other Germs</li> </ul>
<b>4th - 5th</b>	<p><b>Puberty, The Wonder Years Curriculum - Abstinence ONLY</b></p> <ul style="list-style-type: none"> <li>● Social &amp; Emotional Changes</li> <li>● Puberty: Introduction to the Male/Female Reproductive Systems</li> <li>● How My Body Works/Personal Hygiene and Healthy Habits</li> <li>● Self Confidence/Respecting Yourself and Others</li> </ul> <p>Michigan Model: HIV/AIDS Education</p>
<b>6th - 8th</b>	<p><b>Sexuality/Reproductive Health Curriculum - Abstinence Based</b></p> <p>7th Grade - Growing Up and Staying Healthy</p> <ul style="list-style-type: none"> <li>● Abstinence/Benefits of abstaining from sex</li> <li>● Peer Pressure/Practicing Refusal Skills</li> <li>● Unplanned Pregnancy, HIV/AIDS &amp; STI Prevention</li> <li>● Emotional, Economic and Legal Consequences of Sex</li> </ul>
<b>9th - 10th</b>	<p><b>Sexuality/Reproductive Health Curriculum - Abstinence Based</b></p> <p><b>Michigan Model Health - Healthy &amp; Responsible Relationships: HIV, Other STI's and Pregnancy Prevention. Also used, Glencoe Health (Textbook) and Health Smart by ETR</b></p> <ul style="list-style-type: none"> <li>● Building Healthy Relationships/Responding to Peer Pressure</li> <li>● Facts about HIV/STI's</li> <li>● Know the Risks...Including the Laws</li> <li>● Reducing the Risks</li> <li>● How to Prevent Pregnancy/The Cost of Pregnancy and Teen Parenting</li> </ul>

## **How the Curriculum is Taught**

### **Who is approved and qualified to teach the sex education unit in the classroom?**

All teachers teaching the curriculum have been professionally prepared by attending the Michigan Department of Education's recommended in-service provided by the Lenawee County ISD. All high school teachers are highly qualified health education teachers as required by law.

### **How is authorization obtained for a guest teacher in the classroom?**

All guest speakers must be approved by the Sex Education Advisory Board (SEAB). A pre-approved list of guest speakers is available and approved by the SEAB on an annual basis (see appendix). The SEAB's Sex Education Supervisor is responsible for informing speakers of OCS policy and standards.

### **How and when do I request approval for a guest speaker who is not on the pre-approved list?**

A teacher must fill out the "Guest Speaker Recommendation" form (see appendix) and submit it to the SEAB for approval. The teacher will then be notified by the Sex Education Supervisor on the status of approval. Requests need to be made in advance of the advisory board's regularly scheduled meetings. Ask the coordinator for meeting dates.

### **Once a speaker is approved, what are the teacher's responsibilities?**

The teacher makes sure the speaker understands and follows the legal regulations and district guidelines for discussing sexual health in the classroom. The teacher will ensure the speaker understands how their contribution fits into the curriculum.

The teacher must be in the classroom at all times when the guest speaker is presenting and ensures that the presentation is in compliance with the approved curriculum.

### **What if parents or teachers have questions or concerns about parts of the curriculum, or are unsure how to present certain concepts? Is there someone who can help?**

Contact the School Nurse or Sex Education Supervisor.

## **Guidelines for Answering Student Questions**

Young people are very interested in learning about their bodies, particularly during the years of rapid change called puberty. Given an opportunity, students ask many questions during reproductive health classes. This is an indication that a student is ready to learn. Questions should be answered in an age appropriate manner. This is an excellent opportunity for teachers/parents to communicate several principles:

- Everyone has gone through, or will go through, puberty
- It is “okay” = acceptable, appropriate, and normal to talk about sex and to be curious about related topics
- Sexuality is a facet of each individual’s total person
- Decisions regarding sexual health are not taken lightly
- All sincere questions are good
- Many adults who care about young people are willing to talk with them about sexuality and reproductive health
- Young people are not yet ready for the responsibility that comes with being sexually active
- There are reliable sources of information about sexuality, reproductive health, and related topics

### **Communication - Verbal and Nonverbal**

In order to communicate questions and discussions about sexuality and related issues, it is critical that each teacher be very aware of the messages he/she is sending to the students. These messages are sent verbally and nonverbally. Verbal messages consist of the actual words we say, as well as the way we say them - inflection, volume, and tone. Nonverbal messages include body language, facial expressions, gestures, and eye contact.

When preparing to discuss sexual health, it is particularly helpful for both teachers and parents to check that verbal and nonverbal messages are consistent, and that they are sending the messages intended. Practicing delivery of a lesson and responses to a child’s questions will increase personal comfort with the terms and subjects that will be used. If this practice is done in front of a mirror, it is easy to see if the nonverbal messages are communicating discomfort or embarrassment. Practicing with a colleague or friend allows for constructive feedback that will increase confidence.



**APPENDIX 1**

**Onsted Community Schools  
SEX EDUCATION  
OPT-OUT**

Notification to Parents/Guardians:

The Onsted Community Schools Board of Education has approved an AGE-APPROPRIATE 4th - 12th grade Sexual Health Education and HIV/AIDS education for students enrolled in Onsted Community Schools. **On the back of this page there is an outline of what areas will be covered in each grade level.**

In compliance with State laws (Public Acts 139, 226, 289 and 335) we wish to inform you of your right to review any/all of the Sexual Health and HIV/AIDS curriculum materials or to observe classroom instruction. Please contact the building principal to schedule a time to either review the curriculum or observe classroom instruction. For more information about the curriculum please see our Sexual Health Education Handbook.

You have the right to exclude your child without penalty from participation in these classes. See below for exclusion options.

Sincerely,

Steve Head  
Superintendent



**ONLY FILL THIS OUT**

**IF YOU **DO NOT** WANT YOUR STUDENT TO PARTICIPATE IN THE SEX EDUCATION/COMMUNICABLE DISEASE PREVENTION INSTRUCTION!**

**Please choose (1) one box only!**

- I DO NOT WANT MY STUDENT TO PARTICIPATE IN THE INSTRUCTION FOR THIS YEAR ONLY!**
- I DO NOT WANT MY STUDENT TO PARTICIPATE IN THIS INSTRUCTION FOR ALL K-12 SCHOOL YEARS!**

\_\_\_\_\_  
**Student Name**

\_\_\_\_\_  
**School**

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**



## A Summary of Legal Obligations and Best Practices HIV/STI and Sex Education in Michigan Public Schools

This document is a summary of legal statutes, departmental interpretations, and best practices pertaining to HIV/STI and sex education in Michigan public schools. This summary should not be used to replace statute. For the exact language of the MCL, go to [www.michiganlegislature.org](http://www.michiganlegislature.org). Concerns regarding interpretation should be directed to legal counsel.

<b>Key Components, the Law, and Best Practice</b>	
<b>Mandated HIV and Allowed Sex Education</b>	<p>School districts are <b>required</b> to teach about dangerous communicable diseases, including, but not limited to, HIV/AIDS. (§380.1169) Instruction regarding dangerous communicable diseases, including, but not limited to, HIV/AIDS, must be offered at least <b>once</b> a year <b>at every building level</b> (elementary, middle/junior, senior high).</p> <p>School districts can <b>choose</b> to teach sex education. If they do, they must do so in accordance with those sections of the Michigan Compiled Laws (MCL) related to sex education and reproductive health. (§380.1506, §380.1507, §380.1507a, §380.1507b, §388.1766, §388.1766a)</p>
<b>Parental Rights and Exclusion from Instruction</b>	<p>For HIV/AIDS and sex education instruction, parents and/or legal guardians must be notified in advance of:</p> <ul style="list-style-type: none"> <li>• The <b>content</b> of the instruction.</li> <li>• Their <b>right</b> to review materials in advance.</li> <li>• Their <b>right</b> to observe instruction.</li> <li>• Their <b>right</b> to excuse their child without penalty. (§380.1507, §388.1766)</li> </ul> <p>For sex education only, if a parent or legal guardian files a <b>continuing written notice</b> (i.e., a request to have their child permanently excluded from sex education classes), the student shall not be enrolled in the class(es) unless the parent or legal guardian submits a written authorization for that enrollment. (§380.1507a)</p>
<b>Sex Education Advisory Board Membership</b>	<p>Every district that chooses to implement sex education must have a <b>sex education advisory board (SEAB)</b>.</p> <ul style="list-style-type: none"> <li>• The local school board determines the terms of service, the number of members, and a membership selection process that reasonably reflects the school district population.</li> <li>• The SEAB must include parents of children attending the district's schools, pupils in the district's schools, educators, local clergy, and community health professionals.</li> <li>• At least <b>half of the members must be parents</b> who have a child attending a school operated by the school district. A <b>majority</b> of those parent members <b>must not be employed by a school district</b>.</li> <li>• Members must be given two weeks written or electronic notice of meetings. (§380.1507)</li> </ul>
<b>SEAB Chairs</b>	<p><b>Two co-chairs</b> must be appointed by the school board to chair the SEAB, at least <b>one of whom is a parent</b> of a child attending a school operated by the school district. (§380.1507)</p>

<p><b>SEAB Role</b></p>	<p>The SEAB is responsible for:</p> <ul style="list-style-type: none"> <li>• <b>Establishing program goals and objectives</b> for pupil knowledge and skills that are likely to reduce the rates of sex, pregnancy, and STDs.</li> <li>• <b>Reviewing and recommending materials and methods</b> to the local school board, taking into consideration the district’s needs, demographics, and trends including, but not limited to, teenage pregnancy rates, STD rates, and incidents of sexual violence and harassment.</li> <li>• <b>Evaluating, measuring, and reporting the attainment of program goals and objectives</b> and making the resulting report available to parents in the district at least once every two years. (§380.1507)</li> </ul>
<p><b>Sex Education Supervisor</b></p>	<p>Every district choosing to have a sex education program must have a <b>sex education supervisor</b>, approved by the Michigan Department of Education (MDE), who oversees the program of instruction. (§380.1506, §380.1507)</p>

<p><b>Required Content, Including Emphasis on Abstinence</b></p>	<p>Instruction in HIV/AIDS and sex education must <b>stress that abstinence</b> from sex is a responsible and effective method of preventing unplanned or out-of-wedlock pregnancy, and that it is the only protection that is 100% effective against unplanned pregnancy, sexually transmitted disease, and sexually transmitted HIV infection and AIDS. (§380.1169, §380.1507, §380.1507b)</p> <p>Instruction in HIV/AIDS must include the principal modes by which dangerous communicable diseases are spread and the <b>best methods for the restriction and prevention</b> of these diseases. (§380.1169)</p> <p>Sex education material discussing sex must be <b>age-appropriate</b>, must <b>not be medically inaccurate</b>, and must do all of the following:</p> <ol style="list-style-type: none"> <li>a. Discuss the <b>benefits of abstaining</b> from sex until marriage and the benefits of ceasing sex if a pupil is sexually active.</li> <li>b. Include a discussion of the possible emotional, economic, and legal <b>consequences</b> of sex.</li> <li>c. Stress that unplanned pregnancy and sexually transmitted diseases are <b>serious possibilities of sexual intercourse</b> that are not fully preventable except by abstinence.</li> <li>d. Advise pupils of the <b>laws pertaining to their responsibility as parents</b> to children born in and out of wedlock.</li> <li>e. Ensure that pupils are not taught in a way that <b>condones the violation of laws</b> of this state pertaining to sexuality, including, but not limited to, those relating to sodomy, indecent exposure, gross indecency, and criminal sexual conduct in the first, second, third, and fourth degrees.</li> <li>f. <b>Teach pupils how to say "no"</b> to sexual advances and that is wrong to take advantage of, harass, or exploit another person sexually.</li> <li>g. Teach <b>refusal skills</b> and encourage pupils to resist pressure to engage in risky behavior.</li> <li>h. Teach that the pupil has the <b>power to control personal behavior</b>, and teach pupils to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations, such as respect for self and others.</li> <li>i. Provide instruction on <b>healthy dating relationships</b> and on how to set limits and recognize a dangerous environment.</li> <li>j. Provide information for pupils about how young parents can learn more about <b>adoption services</b> and about the provisions of the Safe Delivery of Newborns Law.</li> <li>k. Include information clearly informing pupils that <b>having sex or sexual contact with an individual under the age of 16 is a crime</b> punishable by imprisonment and that one of the other results of being convicted of this crime may be to be listed on the sex offender registry for 15 years, 25 years, or life.<sup>1</sup> (§380.1507b)</li> </ol>
<p><b>Allowed Content Regarding Risk Reduction</b></p>	<p>School districts must teach about the <b>best methods</b> for the restriction and prevention of dangerous communicable diseases, including, but not limited to HIV/AIDS. (§380.1169)</p> <p><b>Districts are not prohibited</b> from teaching about behavioral risk reduction strategies, including the use of condoms, within their sex education program. (§380.1507)</p>

<p><b>Prohibited Content or Actions</b></p>	<p><b>Clinical abortion cannot be considered a method of family planning, nor can abortion be taught as a method of reproductive health.</b> (§380.1507) "Family planning" means to regulate the number and spacing of children in a family through the practice of contraception or other methods of birth control. "Reproductive health" means that state of an individual's well-being which involves the reproductive system and its physiological, psychological, and endocrinological functions. (§380.1506)</p> <p>A person <b>cannot dispense or otherwise distribute a family planning drug or device</b> in a public school or on public school property. (§380.1507)</p>
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<sup>1</sup> The wording of "k" has been revised to be consistent with changes to the Sex Offender Registry Act passed with Public Acts 17-19 of 2011. See [http://www.michigan.gov/documents/mde/memo\\_2011\\_SORA\\_and\\_Sex\\_Ed\\_366707\\_7.pdf](http://www.michigan.gov/documents/mde/memo_2011_SORA_and_Sex_Ed_366707_7.pdf)

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	<p>A school official, member of a governing board, or employee of the district or intermediate district, who is not the parent or legal guardian of that pupil, is prohibited from <b>referring a student for an abortion or assisting a student in obtaining an abortion</b> (§388.1766)</p>
<p><b>Sex Education Program Parameters</b></p>	<p>The definition determines which content and materials are considered "sex education" and need to go through the approval and parent notification process detailed in §380.1507 and §388.1766a. Many districts have found it useful to <b>develop or adopt a definition of sex education</b> that aligns with existing definitional language in the law.</p>
<p><b>Approval Process</b></p>	<p>Curricula, materials, and methods used as a part of HIV/STI or sex education instruction <b>offered by a school district</b> must go through the formal approval process, including two public hearings and school board approval (§380.1169, §380.1507), in advance of instruction regardless of the:</p> <ul style="list-style-type: none"> <li>• class in which it is taught (e.g., health class, school-wide assembly, English class);</li> <li>• person providing the instruction (teacher, school nurse, guest speaker); or</li> <li>• place the instruction takes place (within the building versus off the school premises).</li> </ul>

<p><b>Teacher Qualifications</b></p>	<p>Each person who teaches K-12 pupils about HIV/AIDS <b>shall have training in HIV and AIDS</b> education for young people. (§380.1169) Any certified teacher who has completed this training may teach HIV/AIDS prevention.</p> <p>In order to teach sex education, teachers must be qualified to teach health.<sup>2</sup> (§380.1507) At the secondary level, this means teachers must have either the MA (health), MX (health, physical education, recreation and dance), or KH (family and consumer science) endorsement. If course content and lessons are being taught outside of the classroom setting, but within the instructional day, state law regarding teacher qualification applies. Because the classroom teacher is ultimately responsible for all instruction, they must be in the classroom if guest speakers are presenting.</p> <p>Trainings in both HIV/AIDS and sex education/reproductive health are usually offered through the regional school health coordinator that serves that school district. The MDE therefore recommends that teachers of sexuality education receive a minimum of six clock-hours of professional development in sexuality education content, teaching methods, and Michigan laws at least once every five years. The Office of Professional Preparation Services at MDE accepts applications from districts for full-year permits that allow certified teachers to teach without the required endorsements, while pursuing coursework toward earning the endorsement.</p>
<p><b>Disciplinary Policy</b></p>	<p>The governing board of a district or intermediate district shall adopt and implement a disciplinary policy for a school official, member of a governing board, or employee of the district or intermediate district, who is not the parent or legal guardian of that pupil, who refers a pupil for an abortion or assists a pupil in obtaining an abortion.</p>
<p><b>Complaint Process</b></p>	<p>If a parent or legal guardian of a pupil enrolled in a district or intermediate district (ISD) believes that the district or intermediate district has violated §388.1766, §388.1766a or sections of Michigan law pertaining to HIV/AIDS instruction or sex education (§380.1169, §380.1506, §380.1507), they can <b>file a complaint with the superintendent or chief administrator of the district</b> or ISD in which the pupil is enrolled. The district has 30 days to investigate, provide a written report, and if violations are found, develop a plan for corrective action. The district has an additional 30 days to take corrective action.</p> <p>If the parent is not satisfied with the investigation or findings made by the superintendent, the parent can <b>appeal the findings to the ISD</b> in which the district is located. The ISD has 30 days to investigate, provide a written report, and if violations are found, develop a plan for corrective action. The district has an additional 30 days to take corrective action.</p>

<sup>2</sup> See the section on teacher qualifications at [www.michigan.gov/hived](http://www.michigan.gov/hived)

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	<p>If the parent is not satisfied with the investigation or findings made by the ISD superintendent, the parent can <b>appeal the findings to the MDE</b>. The MDE has 90 days to investigate, provide a written report, and if violations are found, develop a plan for corrective action. The district has an additional 30 days to take corrective action. (§380.1766)</p>
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<b>Penalties</b>	If an investigation conducted by MDE (see Complaint Process section) reveals that a district or ISD has committed <b>one or more violations</b> of the following sections of the Revised School Code or State School Aid Act (§380.1169, §380.1506, §380.1507, §388.1766, §388.1766a) the district or intermediate district shall <b>forfeit</b> an amount equal to <b>1%</b> of its total state school aid allocation. (§388.1766a)
<b>State Board Policy</b>	The Michigan State Board of Education adopted a <b>Policy to Promote Health and Prevent Disease and Pregnancy</b> in September of 2003. The policy recommends that local school boards select, adopt, and implement comprehensive sexuality education programs that are based on sound science and proven principles of instruction. For a copy, go to <a href="http://www.michigan.gov/hived">www.michigan.gov/hived</a> , under Law and Policy; click "State Board of Education Policy to Promote Health and Prevent Disease and Pregnancy."
<b>Health Education Standards and Model Curriculum a</b>	<p>In 2007, the Michigan State Board of Education adopted the Grade Level Content Expectations (GLCEs) for Grades K-8 and Michigan Merit Curriculum Credit Guidelines (MMC) for Grades 9-12 for Health Education. The GLCEs and MMC for Health Education provide recommendations for content and skills to include in HIV prevention (Strand 6), and growth and development and sex education (Strand 7) at specific grade levels.</p> <p>Michigan's model health education curriculum, the <i>Michigan Model for Health</i><sup>®</sup>, is aligned with the GLCEs and MMC and is used by a majority of school districts in Michigan. It includes model curricula on HIV/STI prevention for Grades 4 and 5, 7-8, and 9-12. Districts can choose to adopt, adapt, or disregard the model curriculum and implement commercially or locally developed curricula.</p>

<b>Key to Michigan Compiled Laws Regarding HIV/STI and Sex Education</b>			
<b>MCL No.</b>	<b>Public Act</b>	<b>Last Action</b>	<b>Focus</b>
<a href="#">380.1169</a>	School Code	Amended 6/2004	Dangerous communicable diseases; human immunodeficiency virus infection and acquired immunodeficiency virus infection; teacher training; teaching materials; curricula; teaching of abstinence from sex.
<a href="#">380.1506</a>	School Code	Amended 11/1977	Program of instruction in reproductive health; supervision; request to excuse pupil from attendance; "reproductive health" defined.
<a href="#">380.1507</a>	School Code	Amended 6/2004	Instruction in sex education; instructors, facilities, and equipment; stressing abstinence from sex; elective class; notice to parent or guardian; request to excuse pupil from attendance; qualifications of teacher; sex education advisory board; public hearing; distribution of family planning drug or device prohibited; "family planning," "class," and "course" defined.
<a href="#">380.1507a</a>	School Code	Added 7/1996	Notice of excuse from class; enrollment.

<a href="#">380.1507b</a>	School Code	Amended 6/2004	Sex education and instruction; curriculum requirements.
<a href="#">388.1766</a>	State Aid Act	Amended 10/2019	Disciplinary policy for referral of pupil for abortion or assisting pupil in obtaining abortion.
<a href="#">388.1766a</a>	State Aid Act	Amended 10/2019	Instruction in reproductive health or other sex education; requirements; complaint process.

For more information on HIV/STI and sex education in Michigan public schools, go to the MDE web site, [www.michigan.gov/hived](http://www.michigan.gov/hived). Questions should be directed to Laurie Bechhofer, MDE HIV/STD Education Consultant, at 517-335-7252 or [BechhoferL@michigan.gov](mailto:BechhoferL@michigan.gov)

**HIV/STI and Sex Education in Michigan Public Schools Last Revised November 2019 Page 4 of 4**



APPENDIX #3

**Onsted Community Schools  
Guest Speaker Recommendation**

For Sexual Health Education, Reproductive Health & Family Planning

Return completed form to District Nurse

Name of Teacher \_\_\_\_\_

Grade Level \_\_\_\_\_

Name of Recommended Speaker \_\_\_\_\_

Community Affiliation \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

Credentials of Speaker \_\_\_\_\_

\_\_\_\_\_

Objectives covered relative to OCS Sexual Health Education Curriculum \_\_\_\_\_

\_\_\_\_\_

Speaker has been made aware of OCS Sex Education Policies and understands appropriate guidelines.

\_\_\_\_\_  
Teacher Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Principal Signature

\_\_\_\_\_  
Date

-----  
Speaker recommendation reviewed by the OCS Sex Education Advisory Board on (date) \_\_\_\_\_

Speaker was approved

Speaker was not approved

\_\_\_\_\_  
District School Nurse

\_\_\_\_\_  
Date

## **APPENDIX #4**

### **Sex Education**

In accordance with Michigan statute, sex education may be provided by the Onsted Community District but must be an elective. Such instruction may include family planning, human sexuality, and the emotional, physical, hygienic, economic, and social aspects of family life. Instruction may also include the subjects of reproductive health and the recognition, prevention, and treatment of sexually transmitted disease. In order to offer this instruction, a Sex Education Advisory Board must be established. Students will not be permitted to take the class unless the student's parent/guardian is notified in advance of the course and its contents, is given an opportunity to review course materials, is allowed to observe the instruction, and is notified of the right to have the student excused from the class. (See "Parent/Guardian Notification" below.)

### **Sex Education Advisory Board**

The Sex Education Advisory Board shall recommend materials and methods to the Board of Education in compliance with current statutory requirements as defined in MCL 380.1506, 380.1507, 380.1507a, 380.1507b, 388.1766, 388.1766a. All instruction and materials shall be age-appropriate and medically accurate. Prior to the adoption of any revision to materials or methods on instruction in sex education, the Board of Education shall hold two public hearings. The hearings shall be held at least one (1) week apart and shall be posted pursuant to MCL 380.1169.

The Sex Advisory Board shall minimally include the constituencies described in 380.1507, parents, educators, pupils, clergy, and community health professionals. One half of the members shall be parents who have at least one child attending a school operated by the District, and a majority of those parent members shall be individuals not employed by a school District. The Board of Education shall recommend a process for selecting Advisory Board members that reflects, reasonably, the District population. One of the co-chairs leading the Advisory Board shall be a parent.

The Advisory Board must establish goals and objectives for pupil knowledge and skills designed to reduce rates of sexual activity, pregnancy and sexually transmitted infections, review materials and methods and make implementation recommendations to the Board of Education.

The recommendations shall incorporate the required content of MCL 380.169, 380.1507, 380.1507b and such other materials as the Advisory Board finds to be pedagogically sound.

Every two years, the Advisory Board shall evaluate, measure, and report upon attainment of the goals and objectives. The report shall be made available upon request.

### **Parent/Guardian Notification**

Sex education is NOT to be provided to any student under the age of 18 unless the parent/guardian is notified in advance of the instruction and the content of instruction. Parents/Guardians are to be given an opportunity to review materials to be used and to have their child excused from the instruction by filing an annual or continuing written notice that the child is to be excused from class (380.1507, 388.1766). If a parent/guardian files a continuing written notice to exclude their child from sex education classes, present or future, the student shall not be enrolled in a sex education class at any time unless the parent/guardian submits a new, written authorization for that enrollment.

Any student is to be excused without penalty or loss of academic credit, from attending class sessions in which the instruction is provided (380.1507).

### **Sex Ed Advisory Board 2020-2022**

**Co-Chair:** Alaina Ellison

**Sex Advisor:** Nicole Brown, RN

**Co-Chair:** Courtney Chamberlain

**Clergy:** Tom McMichael

**Staff:** Denise Gentner, Jeff Thompson, Sharon Upp,  
Carrie Pennington, Brad Maska, Noelle Martell

**Community Medical Member:** Jennifer Gast-Bayes

**Student Representatives:** Madison Sniegowski, Derrick McCullough

**Members:** Jessica Hallenbeck, Ashley Kish