



LENAWEE COUNTY

HEALTH DEPARTMENT

School Isolation and Quarantine Protocol Overview

As of 2/24/2022

Protocol is subject to change at any time.

Definitions:

- **Isolation:** Separates a person known or reasonably believed to be sick with COVID-19 and infectious, from others who are not infected. Individuals who are COVID-19 positive must isolate.
- **Quarantine:** Staying home after exposure to someone who has been diagnosed with COVID-19. An individual who has been infected with the virus that causes COVID-19 may not show symptoms for up to 14 days. Some individuals may never show symptoms but are COVID-19 positive and can still spread the virus.
- **Fully Vaccinated:** Someone who:
 - Is 5-17 years old and has completed a primary COVID-19 vaccination series **more than 2 weeks ago** (Pfizer)
 - A primary vaccination series is 2 doses of either Pfizer or Moderna
- **Up-to-date on Vaccination:** Someone who:
 - Is 18+ years old and has completed a primary COVID-19 vaccination series **within 5 months** (Pfizer or Moderna) or **within 2 months** (J&J) **OR**
 - Is 18+ years old and has received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people
 - The CDC recommends that individuals stay up to date by receiving any additional doses they are eligible for to ensure they have the optimal protection against COVID-19.
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>
- **Not-Fully Vaccinated:** Someone who:
 - Is 5-17 years old and has not completed a COVID-19 vaccination series of Pfizer (only received one dose)
 - Is 18+ years old and has been vaccinated **more than 5 months ago** (Pfizer or Moderna) or **more than 2 months ago** (J&J) without receiving a booster dose
 - Completed a COVID-19 vaccination series **less than 2 weeks ago**
- **Unvaccinated:** Someone who has not received a COVID-19 vaccine.
- **Close Contact:** Someone who was less than 6 feet away from the infected person for a cumulative total of 15 minutes or more over a 24-hour period.
- **Improving symptoms:** Symptoms such as cough, runny nose, and congestion have gotten noticeably better. No fever for at least 24 hours without the use of fever-reducing medication. Some symptoms like fatigue, loss of taste and smell may last for a longer period of time.

School Reporting Process

1. Schools must report COVID-19 positive individuals to the Lenawee County Health Department (LCHD) through the online Communicable Disease Reporting software (KKZO). Schools should contact Meredith Mackey at the LCHD with questions about accessing this program. Meredith.Mackey@lenawee.mi.us.
2. Schools with capacity to notify staff and parents/guardians regarding a potential exposure to a COVID-19 positive individual and inform them of the LCHD quarantine recommendations, will no longer need to provide close contact information to the LCHD. In this case, the health department will not send letters to close contacts.
3. Schools should maintain seating charts and roster information used to determine close contacts, as it may be requested by the LCHD to investigate potential clusters or outbreaks.

Isolation Requirements - Someone who has tested positive for COVID-19:

- Parents shall notify the school if their child becomes COVID-19 positive
- Positive case (regardless of vaccination status) is required to isolate for a minimum of 5 days before returning to school. Isolation may begin from symptom onset or test date, whichever comes first. Individuals must have improving symptoms and be fever free for 24 hours without fever-reducing medication prior to returning to school on the 6th day. **Strict mask usage is required by individuals on days 6-10.**
 - A well-fitting mask adheres to the side of your face and covers your nose and mouth. A KN95 or similar mask is the recommended choice in congregate or high-transmission settings, such as schools. The best mask is the most protective mask, that will be worn consistently and fits properly.
- If the individual is unwilling/unable to wear a mask for days 6-10 they are to isolate at home for those days.
- If an individual has access to a rapid antigen test, they may take a test on day 6. This test sample should only be collected if the individual is fever-free for 24 hours without the use of fever reducing medication and other symptoms have improved.
 - If negative, end isolation on day 6 and wear a well fitted mask for days 6-10.
 - If positive, continue to isolate through day 10 or until you get a negative rapid antigen test result, if you wish to continue testing. If a negative rapid antigen result is received before day 10, the individual must continue to remain masked in school through day 10.

Isolation Protocol – Extracurricular Activities

Positive individuals whose symptoms have improved and are returning to school for day 6-10, may participate in extracurricular activities, such as sports, as long as they wear a well fitted mask at all times (except when eating) including any indoor or outdoor practices or games. Individuals who participate in swim are to wear a well fitted mask whenever not actively practicing or competing in the pool.

Isolation Protocol – Lunch/Snacks

Individuals returning on day 6-10 after a positive test should adequately distance from others when eating.

Quarantine Recommendations – Someone who has been exposed to COVID-19

If you were identified as a close contact, do not have symptoms of COVID-19 and...

- Are a K-12 student aged 5-17 who has received a primary series of COVID-19 vaccine OR
- Are a Student or Staff 18 years or older who has received all recommended COVID-19 vaccine doses, including boosters and additional primary shots for some immunocompromised people OR
- Are a Student or Staff who has received a positive COVID-19 test result in the last 90 days:

Then it is recommended that you...

- Monitor for symptoms of COVID-19.
- Wear a well-fitting mask around others for 10 days.
- Get tested (PCR or rapid-antigen) on day 6, if possible. If positive, follow isolation requirements.
- If you develop symptoms, avoid others and get tested (PCR or rapid-antigen). If positive, follow isolation requirements. If negative, stay home until symptoms have improved.

If you were identified as a close contact, do not have symptoms of COVID-19 and...

- Are unvaccinated or not fully vaccinated OR
- Are 18+ and received your 2nd dose of Pfizer or Moderna vaccine more than 5 months ago and have not gotten a booster
- Are 18+ and received your initial dose of Johnson & Johnson vaccine more than 2 months ago and have not gotten a booster:

Then it is recommended that you...

- Monitor for symptoms of COVID-19 for 10 days, wear a well-fitting mask while indoors for 10 days, and test every other day for 6 days after exposure. OR
- Quarantine at home for 5 days and mask for days 6-10 or quarantine at home for 10 days if unable or unwilling to wear a mask or test.
- Household contacts of a known COVID-19 positive case are strongly recommended to quarantine at home for 5 days and test on day 6. If negative, return to school masked through day 10. If positive, follow isolation requirements.
- If you develop symptoms, avoid others and get tested (PCR or rapid-antigen). If positive, follow isolation requirements. If negative, stay home until symptoms have improved.

Quarantine Recommendations – Extracurricular Activities

If students are unwilling or unable to test every other day or mask after an exposure, it is not recommended that they participate in extracurricular activities until day 11.