



DECEMBER | 2023

Onsted High/Middle School Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 MINI CINNAMON ROLLS
4 MINI PANCAKE SAUSAGE BITES	5 SAUSAGE, EGG CHEESE MUFFIN	6 BREAKFAST PIZZA	7 BREAKFAST BURRITO	8 CONFETTI PANCAKES
11 MINI PANCAKE SAUSAGE BITES	12 SAUSAGE, EGG CHEESE MUFFIN	13 BREAKFAST PIZZA	14 BREAKFAST BURRITO	15 CHOCOLATE CHIP PANCAKES
18 MINI PANCAKE SAUSAGE BITES	19 SAUSAGE, EGG CHEESE MUFFIN	20 BREAKFAST PIZZA	21 BREAKFAST BURRITO	22 HOLIDAY BREAK STARTS SEE YOU BACK AT SCHOOL JANUARY 3, 2024
25	26	27	28	29

News

Breakfast is served with Low Fat White or Chocolate Milk

Orange, Apple or Grape Juice

Students are required to take 3 items, one item must be a fruit

Variety of Fruits

Oranges, Apples, Apple Slices, Bananas, Pears, Apple Sauce, Peach, Pear, Pineapple & Mandarin Orange Cups

High School Serving = 1 cup

Middle School Serving = ¾ cup

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