



DECEMBER | 2023

Onsted High/Middle School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 PIZZA
4 CHICKEN NUGGETS MASHED POTATO GRAVY	5 BOSCO STICKS MARINARA SAUCE	6 MAC & CHEESE MINI CORN DOGS	7 BEEF SOFT SHELL TACOS	8 PEPPERONI CALZONE
11 CHICKEN TENDERS MASHED POTATO GRAVY	12 BOSCO STICKS MARINARA SAUCE	13 CHICKEN QUESIDALLA	14 WALKING TACOS	15 PIZZA
18 POPCORN CHICKEN MASHED POTATO GRAVY	19 BOSCO STICKS MARINARA SAUCE	20 BURRITO BAR	21 PEPPERONI CALZONE	22 HOLIDAY BREAK STARTS SEE YOU BACK AT SCHOOL JANUARY 3, 2024
25	26	27	28	29

News

**Students Lunch Includes
Fresh Fruit & Veggie Bar**

Variety of Fruits

**Oranges, Apples, Apple
Slices, Bananas, Pears,
Grapes**

Canned Fruits

**Peaches, Pears, Mandarin
Oranges, Apple Sauce
Variety of Fruit Cups**

Vegetables

**Carrots, Corn, Broccoli,
Peas, Calif Blend, Mix
Veggies, Green Beans,
Black Beans, Refried
Beans, Lettuce, Tomatoes,
Peppers**

**High School
Serving = 1 cup**

**Middle School
Serving = ¾ cup**

**THIS INSTITUTION IS
AN EQUAL
OPPORTUNITY
PROVIDER**