



FEBRUARY | 2024

Onsted High/Middle School Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1 BREAKFAST BURRITO	2 MINI CINNAMON ROLLS
5 MINI PANCAKE SAUSAGE BITES	6 SAUSAGE, EGG CHEESE MUFFIN	7 BREAKFAST PIZZA	8 BREAKFAST BURRITO	9 CONFETTI PANCAKES
12 MINI PANCAKE SAUSAGE BITES	13 SAUSAGE, EGG CHEESE MUFFIN	14 BREAKFAST PIZZA	15 BREAKFAST BURRITO	16 CHOCOLATE CHIP PANCAKES 11:10 DISMISSAL
19 MID-WINTER BREAK NO SCHOOL	20 SAUSAGE, EGG CHEESE MUFFIN	21 BREAKFAST PIZZA	22 BREAKFAST BURRITO	23 DUTCH WAFFLE
26 MINI PANCAKE SAUSAGE BITES	27 SAUSAGE, EGG CHEESE MUFFIN	28 BREAKFAST PIZZA	29 BREAKFAST BURRITO	1

News

Breakfast is served with
Low Fat White or
Chocolate Milk

Orange, Apple or Grape
Juice

Students are required to
take 3 items, one item
must be a fruit

Variety of Fruits

Oranges, Apples, Apple
Slices, Bananas, Pears,
Apple Sauce, Peach, Pear,
Pineapple & Mandarin
Orange Cups

High School
Serving = 1 cup
Middle School
Serving = ¾ cup

Meatless Entrée's
available during Lent

**THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER**