



JANUARY | 2024

Onsted High/Middle School Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3 BREAKFAST PIZZA	4 BREAKFAST BURRITO	5 MINI CINNAMON ROLLS
8 MINI PANCAKE SAUSAGE BITES	9 SAUSAGE, EGG CHEESE MUFFIN	10 BREAKFAST PIZZA	11 BREAKFAST BURRITO	12 CONFETTI PANCAKES 11:10 Dismissal
15 PROFESSIONAL DEVELOP DAY NO STUDENTS	16 SAUSAGE, EGG CHEESE MUFFIN	17 BREAKFAST PIZZA	18 BREAKFAST BURRITO	19 CHOCOLATE CHIP PANCAKES
22 MINI PANCAKE SAUSAGE BITES	23 SAUSAGE, EGG CHEESE MUFFIN	24 BREAKFAST PIZZA	25 BREAKFAST BURRITO	26 DUTCH WAFFLE
29 MINI PANCAKE SAUSAGE BITES	30 SAUSAGE, EGG CHEESE MUFFIN	31 BREAKFAST PIZZA	1	2

News

**Breakfast is served
with Low Fat White or
Chocolate Milk**

**Orange, Apple or Grape
Juice**

**Students are required
to take 3 items, one
item must be a fruit**

**Variety of Fruits
Oranges, Apples, Apple
Slices, Bananas, Pears,
Apple Sauce, Peach,
Pear Pineapple &
Mandarin Orange Cups**

**High School
Serving = 1 cup**

**Middle School
Serving = $\frac{3}{4}$ cup**

**THIS INSTITUTION IS
AN EQUAL
OPPORTUNITY
PROVIDER**