



# JANUARY | 2024

## Onsted High/Middle School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3 MAC & CHEESE MINI CORN DOGS	4 BEEF SOFT SHELL TACOS	5 PIZZA
8 CHICKEN NUGGETS MASHED POTATO GRAVY	9 BOSCO STICKS MARINARA SAUCE	10 CHICKEN QUESIDALLA	11 WALKING TACOS	12 NO LUNCH  11:10 Dismissal
15 PROFESSIONAL DEVELOP DAY  NO STUDENTS	16 BOSCO STICKS MARINARA SAUCE	17 BURRITO BAR	18 FRENCH TST STKS HASH BROWN SAUSAGE	19 PIZZA
22 CHICKEN TENDERS MASHED POTATO GRAVY	23 BOSCO STICKS MARINARA SAUCE	24 BEEF NACHOS	25 ASIAN BAR	26 PEPPERONI CALZONE
29 POPCORN CHICKEN MASHED POTATO GRAVY	30 BOSCO STICKS MARINARA SAUCE	31 <u>HIGH SCHOOL</u> SPAGHETTI GARLIC BREAD <u>MIDDLE SCHOOL</u> MARZETTI GARLIC BREAD	1	2

### News

**Students Lunch Includes  
Fresh Fruit & Veggie Bar**

**Variety of Fruits**  
Oranges, Apples, Apple  
Slices, Bananas, Pears,  
Grapes

**Canned Fruits**  
Peaches, Pears, Mandarin  
Oranges, Apple Sauce,  
Pine Apple,  
Variety of Fruit Cups

**Vegetables**  
Carrots, Corn, Broccoli,  
Peas, Calif Blend, Mix  
Veggies, Green, Black &  
Refried Beans, Lettuce,  
Tomatoes, Peppers

**High School  
Serving = 1 cup**

**Middle School  
Serving = ¾ cup**

**THIS INSTITUTION IS AN  
EQUAL OPPORTUNITY  
PROVIDER**