

MAY | 2023

Onsted HS/MS Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 MINI PANCAKES SAUSAGE BITES	2 EGG, SAUSAGE CHEESE MUFFIN	3 BREAKFAST PIZZA	4 BREAKFAST BURRITO	5 MINI CINNAMON ROLLS
8 MINI PANCAKES SAUSAGE BITES	9 EGG, SAUSAGE CHEESE MUFFIN	10 BREAKFAST PIZZA	11 BREAKFAST BURRITO	12 DUTCH WAFFLE
15 MINI PANCAKES SAUSAGE BITES	16 EGG, SAUSAGE CHEESE MUFFIN	17 BREAKFAST PIZZA	18 BREAKFAST BURRITO	19 FRUIT FRUITAL
22 MINI PANCAKES SAUSAGE BITES	23 EGG, SAUSAGE CHEESE MUFFIN	24 BREAKFAST PIZZA	25 BREAKFAST BURRITO	26 CONFETTI PANCAKES
29 MEMORIAL DAY NO SCHOOL	30 EGG, SAUSAGE CHEESE MUFFIN	31 BREAKFAST PIZZA	1 BREAKFAST BURRITO	2 COOKS CHOICE 11:10 DISMISSAL

**Breakfast \$1.50
Reduced .30c**

**Breakfast is served with
Low Fat White or
Chocolate Milk**

**Orange, Apple or Grape
Juice**

**Students are required to
take 3 items, one item
must be a fruit**

**Variety of Fruits Rotating
Daily**
**Oranges, Apples, Apple
Slices, Bananas, Pears,
Grapes, Apple Sauce &
Fruit Cups**

**High School
Serving = 1 cup**

**Middle School
Serving = ¾ cup**

***MENU SUBJECT TO
CHANGE UPON FOOD
AVAILABILITY***

**This institution is an
equal opportunity
provider**