

# NOVEMBER | 2023



## ONSTED ELEMENTARY BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 CONFETTI PANCAKES FRUIT/MILK	2 POP TARTS FRUIT MILK	3 MUFFIN FRUIT MILK
6 GRANOLA BAR FRUIT MILK	7 CEREAL BAR FRUIT MILK	8 FRENCH TOAST FRUIT MILK	9 ULTIMATE OATMEAL BAR FRUIT/MILK	10 MUFFIN FRUIT MILK
13 GRANOLA BAR FRUIT MILK	14 CEREAL BAR FRUIT MILK	15 BREAKFAST SANDWICH FRUIT/MILK	16 POP TARTS FRUIT MILK	17 MUFFIN FRUIT MILK
20 GRANOLA BAR FRUIT MILK	21 CEREAL BAR FRUIT MILK	22 CHOC CHIP FR TST FRUIT/MILK  11:10 DISMISSAL NO LUNCH	23 HAPPY THANKSGIVING	24 HAPPY THANKSGIVING
27 GRANOLA BAR FRUIT/MILK  11:10 DISMISSAL NO LUNCH	28 CEREAL BAR FRUIT MILK	29 STRAWBERRY PANCAKE BOWL MILK	30 ULTIMATE OATMEAL BAR FRUIT/MILK	1

### News

**Milk Choice**  
**Low Fat White Milk**

**Variety of Fruits**  
**Apples, Apple Slices,**  
**Bananas, Pears,**  
**Raisins, Craisins**

**\*Menu Subject to**  
**Change Upon Food**  
**Availability\***

**THIS INSTITUTION IS**  
**AN EQUAL**  
**OPPORTUNITY**  
**PROVIDER**